

Thirlmere Public School

1 February 2017

Term 1 – Week 2



Principal's Message Happy New Year

Welcome to 2017. To all returning families, it's great to see you back. For those coming to our school for the first time, I look forward to getting to know you during your time at Thirlmere. We have a wonderful school, and now you're part of it!

This year we are welcoming several new staff: Natasha Huntrods who has now been appointed as permanent, Rebecca Carlyon, Natasha Jankovic, Robert Wrona, Jo Pulley and Erin Lang. Welcome back to Amanda Tann who returns from maternity leave. All of these teachers bring with them passion, commitment, dedication and experience. We are excited to have them on board and welcome to Thirlmere Public School.

Unfortunately, Pauline Reason remains on sick leave and she is relieved by Zeynep Yildiz.

Another major change to our staff arrangements this year is the introduction of specialist RFF (Release from Face to Face) teachers. Mrs Pulbrook will be teaching Physical Education and Mr Gardiner will be teaching Science. Both teachers are looking forward to their new role and the challenges and excitement it will bring.

Classes 2017

The classes for 2017 have now been finalised. The formation of these classes took several days due to our commitment to ensuring we have the best possible class structure for the children in our care.

There will be a parent/teacher information session held on Wednesday 15 February. This will be an opportunity for you to meet your child's teacher and discuss the year ahead. The meetings will be held at 5pm and 6pm. More information regarding these meetings will be distributed closer to the date but keep this date free in your calendar.

School Staff

Principal:

Lisa Whitfield

School Executive Staff:

Natasha Huntrods

Desi Karolis

Cheny Collins

Gaby Gutjahr

Debra Mace

Rebecca Carlyon

Natasha Jankovic

Team Leaders:

Kayla Peachey

School Admin Manager:

Sladjana Cugalj

School Admin Officers:

Natasha Peacock

Carol Canning

Coming Events

6 Feb	Student Banking Commences
14 Feb	Jogger Club Commences
15 Feb	Scripture Commences Parent/Teacher Information Session 5pm and 6pm
17 Feb	Leader Induction Ceremony
21 Feb	Swimming Carnival
5 Mar	Thirlmere Steam Festival

Oaks Road
Thirlmere, NSW, 2572
www.thirlmere-p.schools.nsw.edu.au

E: thirlmere-p.school@det.nsw.edu

P: 4681 8476

F: 4681 8727

**The office is open from
8.30am to 3.00pm**

Thirlmere Public School

1 February 2017

Term 1 – Week 2

School Staff(continued)

General Assistant:	Robert Karolis (Wed/Fri)
School Counsellor:	Sue Buxton (Tues-Wed)
KA:	Natasha Huntrods
KB:	Ingrid Hunt
KC:	Delphine McLachlan`
1F:	Ashleigh Foreman
1G:	Joanne Pulley
1/2H:	Rebecca Carlyon (Mon-Thur) Sue Barry (Fri)
2K:	Pauline Reason
2/3O:	Michelle Byrne
3P:	Desi Karolis (Mon-Thur) David Gardiner (Fri)
3/4T:	Natasha Jankovic
4U:	Jenny Lansdown
4/5Z:	Erin Lang
5A:	Amanda Tann (Mon-Wed) Tracy Boon (Thur-Fri)
6F:	Melissa Moutos
6G:	Gaby Gutjahr (Mon-Wed) Robert Wrona (Thur-Fri)
Learning Support Officers:	Debbie Eckler Cheryl Walklate Susan Munday
Teacher-Librarian:	Gaby Gutjahr
Release Teachers:	Sue Barry (Thurs) David Gardiner (Mon-Thur) Mary Pulbrook (Mon-Fri) Michelle Nixon (Thur-Fri)
Reading Recovery:	Ashleigh Foreman
Learning & Support:	Debra Mace Vicki Stevenson

Skoolbag App

Just a reminder that Thirlmere PS now has its very own app. This app ensures you receive notifications of important updates, events and alerts that will keep you informed and up to date. Also, it allows you to have access to key information including the school newsletter. Please download and install it by searching for our school name in either the Apple App Store or Google Play Store.

It's good to be back - this is going to be a great year!

Kind regards, Lisa Whitfield

Leaders Induction Ceremony-17 February

We would like to invite families and community members to attend our Leadership Induction Ceremony on Friday 17 February 2017 starting at 9.30am. During this event we will be acknowledging and present badges to our 2017 leaders. This includes our School Captains, Student Leaders, SRC Representatives, Library Leaders, Technology Leaders, Environmental Leaders and House Captains and Vice Captains.

Band 2017

Band lessons will start in **Week 3**. Mr Nick Drescher will be our band teacher this term.

Established band - Mondays

Beginners band - Tuesdays

Timetables will be displayed on the school hall doors.

Lessons will be held in the school hall.

Students beginning band this year, please have your instrument and music book ready to start.

Those students who filled out a form to hire through the Department of Education will receive their instrument from Mrs Byrne once hire payment of \$130 has been paid in full at the office.

The 'Essential Elements 2000' music book can be purchased at the music store in Tahmoor or any other music store. Make sure you purchase the book specific to your instrument.



Students will receive an invoice each term for band lessons which must be paid before the end of each term. If you have any questions regarding the school band, please see Mrs Byrne.

SCHOOL FINANCE & OFFICE NEWS

Payments and Excursions

All excursions and sporting events have a **last day to pay date**. Parents are asked to have payments to the office before this date, as our system will not allow payments to be processed after the date. This will avoid any disappointment for your child.

EVENT	COST OF EVENT	YEAR	LAST DAY TO PAY
There are no outstanding payments!			

Notes Sent Home

Kindergarten

- 2017 Kindergarten Dismissal Form

Stage 2

- Equipment List for Stage 2

Years 2 and 3

- Equipment List for Stage 3

Thank you
Administration Staff

Uniform Shop

The uniform shop is open Tuesday and Thursday mornings from 8.30 to 9am and sells both new and second hand clothing. An order form is included in this newsletter and can also be accessed on the school website or picked up from the office.

Joggers Club

Joggers Club will start again from Week 4. It will once again run on a Tuesday and Wednesday morning from 8.20am to 8.45am. This is a fun way for students to keep fit and meet up with friends. Please come along and join in the fun.

Mrs McLachlan

Student Banking

Student Banking will begin Week 3(next week). Student's Bank Books must be placed in the Frogs Mouth by Monday afternoon, as they are processed Tuesday mornings.

Thirlmere Steam Festival

The 2017 Thirlmere Steam Festival will be held Sunday, 5th March. As the school is planning to be much more involved this year, please keep this date free. Your help will be very much appreciated.

Swimming Carnival

The Swimming Carnival will be held on Tuesday 21 February-Week 5, at the Wollondilly Leisure Centre. Students should wear house colours or their sports uniform and covered shoes-**no thongs**.

Students should compete in the age group that they turn this year. Please note that only students competing will be able to swim, **no free time in the pool will be allowed**.

Mrs Pulbrook

Library

Library lessons will begin in Week 3(next week) for all classes. Students will be advised of their library day in class.

Term 1 Canteen Roster- 2017

Week 2			
Wed 1 Feb	Diane Hunt	Meryl Cooper	
Fri 3 Feb	Lani Nairn	Lea Blatch	Natalie Sharp (Orientation)
Week 3			
Mon 6 Feb	Kerri Devine	Nicole Hepburn	
Wed 8 Feb	Neen Donnelly	Theresa Young	
Fri 10 Feb	Mel Moroz	Deb Collings	Sharon Phillips (Orientation)
Week 4			
Mon 13 Feb	Vanessa Zahra	Kathryn Davidson	
Wed 15 Feb	Lee-Anne Armstrong	Millie Achis	Sarah Hicks (Orientation)
Fri 17 Feb	Bianca Long	Effie Lee	Annie Down
Week 5			
Mon 20 Feb	Robyn Green	Tammy Parker	
Wed 22 Feb	Neen Donnelly	Lani Nairn	
Fri 24 Feb	Jess Hayes	Cindy Hile	Tracy Digger (Orientation)
Week 6			
Mon 27 Feb	Sarah Fishpool	Julie Bird	
Wed 1 March	Diane Hunt	Meryl C	
Fri 3 March	Lea Blatch	Felicity Sneddon (Orientation)	Mel Anderson
Week 7			
Mon 6 March	Alison Tarrant	Lani Nairn	
Wed 8 March	Deb Parker	Millie Achis	Sarah Hicks
Fri 10 March	Christie Henry	Deb C	Sharon Phillips (half day)
Week 8			
Mon 13 March	Kerri Devine	Kathryn Davidson	
Wed 15 March	Neen Donnelly	Theresa Young	
Fri 17 March	Cindy Hile	Sam Billingham	Annelie Davis (Orientation)
Week 9			
Mon 20 March	Sarah Fishpool	Nicole Hepburn	
Wed 22 March	Lee-Anne Armstrong	Millie Achis	Fiona Groves (Orientation)
Fri 24 March	Lea Blatch	Annie Down	Mel Anderson
Week 10			
Mon 27 March	Robyn Green	Lani Nairn	
Wed 29 March	Deb Parker	Sarah Hicks	
Fri 31 March	Cindy Hile	Tracy Digger	Natalie Sharp
Week 11			
Mon 3 April	Julie Bird	Nicole Hepburn	
Wed 5 April	Diane Hunt	Meryl C	
Fri 7 April	Closed		



Building parent-school partnerships

WORDS Michael Grose

How to encourage kids to be problem-solvers



When parents solve all children's problems we not only increase their dependency on adults but we teach kids to be afraid of making mistakes and to blame themselves for not being good enough. That's fertile ground for anxiety and depressive illness.

So, how can we raise kids to be courageous problem-solvers rather than self-critical scaredy cats?

Here are six practical ideas to get you started.

1 Turn requests into problems for kids to solve

Kids get used to bringing their problems to parents to solve. If you keep solving them, they'll keep bringing them. 'Mum, my sister is annoying me!' 'Dad, can you ask my teacher to pick me for the team?' 'Hey, I can't find my socks!' It's tempting if you are in a time-poor family to simply jump in and help kids out. Alternatively, you can take a problem-solving approach, cuing them to resolve their own problems and take responsibility for their concerns. 'What can you do to make her stop annoying you?' 'What's the best approach to take with your teacher?' 'Socks, smocks! Where might they be?'

2 Ask good questions to prompt problem-solving

A problem-solving approach relies on asking good questions, which can be challenging if you are used to solving your child's problems. The first question when a child brings you a problem should be: 'Can you handle this on your own?' Next should be, 'What do you want me to do to help you solve the problem?' These questions are not meant to deter children from coming to you; rather, to encourage and teach them to start working through their own concerns themselves.

3 Coach them through problems and concerns

So, your child feels she was unfairly left out of a school sports team by a teacher and asks you get involved. The easiest solution may be to meet with the teacher and find out what's going on. You may or not resolve the problem but in doing so you are teaching a child to become dependent on you. Alternatively, you could coach your child to speak to the teacher herself and find out why she was left out. Obviously, there are times when children need their

parents to be advocates for them such as when they are being bullied, but we need to make the most of the opportunities for children to speak for themselves. Better to help your child find the right words to use and discuss the best way to approach another person when they have problems. These are great skills to take into adulthood.

4 Prepare kids for problems and contingencies

You may coach your child to be independent – walk to school, spend some time alone at home (when old enough), catch a train with friends – but does he know what to do in an emergency? What happens if he comes home after school and the house is locked? Who should he go to? Discuss different scenarios with children whenever they enter new or potentially risky situations so that they won't fall apart when things don't go their way. Remember the Boy Scouts motto – be prepared!

more on page 2 >>



Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at parentingideas.com.au. You'll be so glad you did.





... How to encourage kids to be problem-solvers ...

5 Show a little faith

Sometimes you've got to show faith in children. We can easily trip them up with our negative expectations, such as by saying 'Don't spill it!' to a child who is carrying a glass filled with water. Of course, your child doesn't want to spill it but you've just conveyed your expectations with that statement. We need to be careful that we don't sabotage children's efforts to be independent problem-solvers with comments such as, 'Now don't stuff it up!' 'You'll be okay... won't you?' 'You're not very good at looking after yourself!'

6 Applaud mistakes and stuff-ups

Would a child who accidentally breaks a plate in your family while emptying the dishwasher be met with a 'That's really annoying, you can be clumsy sometimes' response or an 'It doesn't matter, thanks for your help' type of response? Hopefully it won't be the first response, because nothing shuts a child's natural tendencies to extend themselves down quicker than an adult who can't abide mistakes. If you have a low-risk-taking, perfectionist, consider throwing a little party rather than making a fuss when they make errors so they can learn that mistakes don't reflect on them personally, and that the sun will still shine even if they break a plate, tell a joke that falls flat or don't get a perfect examination score.

Michael Grose



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School Newsletter

Thirlmere Public School now deliver our newsletter by Email each week.

In the space provided below, please indicate the email address/es you wish to use to receive the newsletter.

The newsletter is also available to view on our school website:

www.thirlmere-p.school@det.nsw.edu.au

Student Name: Class:

1st Parent/Guardian Email :

2nd Parent/Guardian Email :

3rd Parent/Guardian Email :

No paper copies will be issued.

Extra School Reports

In some households there is a need for a second report to be sent to another parent not permanently residing with the student.

Reports go home at the end of Semester One and Semester Two.

If you require a second report, please provide us with the following details.

Name: _____

Address: _____

Relationship: _____

Email address: _____

If you have any updated Court Orders/AVO's that you have not provided to the school yet, could you please arrange a copy as soon as possible.

We also require you to advise the ladies in the office if the structure at home has changed so that we can update our records accordingly.



THIRLMERE PUBLIC SCHOOL UNIFORM SHOP **PRICE LIST/ORDER FORM 2016**

ITEM	SIZES	PRICE	QTY
Wide brim hat	XS/S, S/M, M/L, L/XL	\$11	
Girls Summer dress	4,6,8,10,12,14	\$50	
Girls Winter tunic	4,6,8,10,12,14	\$46	
Polo shirt short sleeve	4,6,8,10,12,14,16,18,20,22	\$18	
Polo shirt long sleeve	4,6,8,10,12,14,16	\$20	
Microfibre jacket	4,6,8,10,12,14,16	\$37	
Zip cardigan	4,6,8,10,12,14,16	\$24	
Emblem jumper	4,6,8,10,12,14,16	\$19	
Grey cargo shorts	4,6,8,10,12,14,16	\$18	
Girls skorts	4,6,8,10,12,14,16	\$22	
Sport shorts	4,6,8,10,12,14,16	\$17	
Sports shirt short sleeve	4,6,8,10,12,14,16	\$23	
Microfibre track pants	4,6,8,10,12,14,16	\$26	
Fleecy track pants (with cuff)	4,6,8,10,12,14,16	\$18	
Fleecy trackpants (straight leg)	4,6,8,10,12,14,16	\$18	
Grey trousers	4,6,8,10,12,14,16	\$20	
Girls bootleg pants	4,6,8,10,12,14,16	\$20	
Girls dress pant	4,6,8,10,12,14,16	\$22	
Skivvy	4,6,8,10,12	\$10	
Tights	4-6yrs, 7-10yrs, 11-14yrs	\$11	
Polar fleece scarf	One size	\$6	
Gloves	One Size	\$3	
Ankle socks (pack 5)	9-12, 13-3, 2-8 grey or white	\$17	
Art smock	One size	\$15	
Football socks	9-2, 2-7, 7-10	\$10	
School badge		\$10	
Excursion Bag & Drink Bottle	Sold as a set ONLY	\$12	
		TOTAL	\$

Child's Name _____ Year/Class _____

Contact Name _____ Contact No: _____

Please tick option for collection: *Payment options are cash/cheque*

I will collect from school ☐

Please deliver to my child's class ☐

I will collect from the uniform shop ☐

PATRICIA YVONNE ACADEMY OF DANCE, DRAMA & THEATRE ARTS



THIRLMERE

THIRLMERE PUBLIC SCHOOL HALL
MONDAY & THURSDAY AFTERNOONS.

CLASSES RESUME from MONDAY 6th FEBRUARY 2017

**BALLET- SPEECH & DRAMA – TAP – JAZZ
MODERN – LYRICAL BALLET
HIP HOP - MUSICAL THEATRE**

Students trained for EDTA Examinations & Stagecraft
Beginners from 4yrs to Advanced

MONDAY AFTERNOONS

3-15pm Mini Tap/Jazz/Ballet (7-10yrs)
4-30pm Mini Speech & Drama (7-10yrs)
4-30pm Junior Hip Hop (10-13yrs)
5-00pm Junior Jazz/Tap (10-13yrs)
5-50pm Junior Ballet (10 to 13yrs)
6-15pm Senior Ballet/Pointe
7-10pm Senior Jazz/Tap
8-00pm Finish

THURSDAY AFTERNOONS

3-30pm Novice Dance (6yrs & under)
4-00pm Junior Ballet (10-13yrs)
4-45pm Junior Speech & Drama
5-15pm Advanced Classes (B/T/J)
7-00pm Finish

Fully qualified and caring Teacher who believes in correct and careful training.
EDTA Inc. President/Organiser/Syllabus Creator/Examiner/Life Member.

ENQUIRIES & REGISTRATION: contact Miss Patricia EDTA, AISTD, SATD.
(02) 4647 7728 or 0418 273115 (Mornings best)
Email: pyaddta@bigpond.com

Tahmoor Cricket Club MILO T20 Blast

When: Saturday, 11th February 2017 to Saturday, 1st April 2017 (8 week program)

Time: 8:30 am – 10:00 am

Location: Tahmoor Sportsground, Thirlmere Way, Thirlmere NSW 2573

Contact: Rebecca Spragg on 0411 304 047 or registrar@tdcc.net.au

Ages & Cost: Girls and Boys aged 7 to 12, only \$99! 1st week free

VISIT PLAYCRICKET.COM.AU/T20BLAST TO FIND OUT MORE



Actors, Singers & Dancers

!!Now Booking for 2017!! For Ages 18 months to adult.

LIMITED SPACES LEFT

***Drama/Acting* *Singing* *Dance*
Boys Hip Hop *Preschool* *Adult classes*
Personal Training AND *The Agency***

Class numbers are strictly limited. Saturday classes available.
Come in and join the fun today!! For more information call Sarah on
0415 995 225 or www.s-t-a-d-s.com