

# Thirlmere Public School

11 February 2015

Term 1 – Week 3



## Coming Events

|                |                                     |
|----------------|-------------------------------------|
| 13 Feb         | Zone Basketball trials              |
| 16 Feb         | West Tigers visit                   |
| 17 Feb         | P & C 6:30pm                        |
| 18 Feb         | Swimming Carnival<br>Water Play Day |
| 19 Feb         | Rugby League Team Trials in School  |
| 20 Feb         | Zone Soccer Trials                  |
| 23 Feb – 6 Mar | Swim School                         |
| 25 Feb         | Scripture Begins                    |

## Relieving Principal's Message

Today I have had the great honour of welcoming some distinguished guests to our school as we inducted the students who will hold leadership positions for 2015. The Honourable Mr Jai Rowell Member for Wollondilly, Minister for Mental Health, and Assistant Minister for Health, Marcello Chiodo, Representative from Wollondilly Council, Mrs Margaret Turner Director Public Schools NSW and the Picton High School Captains Piper Sealey and James Matthews. Congratulations to the following students:

## Captains 2015

Lachlan and Brooke

## Student Leaders

Kurtis Elliot Brooklyn Jazmin Amy Chloe

## Student Representative Council

1/2P Summer 2M Finlay 2S Ashden 3K Olive  
3/4B Keira 4B Ryan 4/5F Molly 5J Christopher  
5/6T Maya 6G Lacey

## Library Monitors

Piper, Monique, Erin, Jayden, Elise, Taylor

## Technology Monitors

Rachelle, Kaylee, Imogen, Cody, Maddison, Mena

## House Captains and Vice Captains

| <u>House Captains</u> |                | <u>Vice Captains</u> |
|-----------------------|----------------|----------------------|
| Jack                  | <b>Waratah</b> | Anthony              |
| Rose                  |                | Toni                 |
| Travis                | <b>Wattle</b>  | Ethan                |
| Jaylie                |                | Julie                |
| Jack                  | <b>Boronia</b> | Thomas               |
| Monique               |                | Clementyne           |
| Brae                  | <b>Banksia</b> | Christian            |
| Gemma                 |                | Tara                 |

I'd like to thank the staff for their efforts in putting today's assembly together. Particularly Mr Gardiner, in his role as relieving Assistant Principal he met the challenge of putting together such a formal assembly so successfully early in the year.

Oaks Road  
Thirlmere, NSW, 2572  
[www.thirlmere-p.schools.nsw.edu.au](http://www.thirlmere-p.schools.nsw.edu.au)

E: [thirlmere-p.school@det.nsw.edu](mailto:thirlmere-p.school@det.nsw.edu)  
P: 4681 8476  
F: 4681 8727

The office is open from 8.30am to  
3.00pm

## Scripture and Ethics

We are in the process of setting up special religious education and special ethics classes for 2015. Classes will be offered in the following areas :

Catholic : each year level Kindergarten to Year 6

Protestant : each year level Kindergarten to Year 6.

Ethics : Stage 1 (years 1 and 2) and Stage 3 (years 5 and 6)

Jehovah's Witness – each grade as indicated by parents

Students that do not participate in one of the above classes will be supervised in Non Scripture where no formal instructions or teaching will occur. The Non Scripture groups are for K-2 and 3-6. At this point in time both groups are quite large. Whilst your right as parents to choose not to participate is respected, I encourage families to consider selecting one of the above groups. Parents wishing to change the preference indicated on enrolment should contact the school office.

## New Leave Procedures 2015

From the beginning of 2015, family holidays and travel are no longer considered under the Exemption from School - Procedures . Travel taken during the school term is now counted as an absence for statistical purposes. If you wish to take a holiday during the school term please complete an application for extended leave. These can be collected from the school office or downloaded from our website. Travel needs to be considered to be in the best interests of the student. Educational, social and participation reasons, should be specified on the application. Travel is considered to be domestic or international travel for the purpose of a family holiday, family business, bereavement or other reasons, which should be specified on the application. Please attach relevant travel documents to your application. Once the application has been approved you will be issued with a Certificate of Extended leave.

## Meet the Teacher Information Sessions

These sessions were a great success on Monday night and I'd like to thank those parents who took the time to meet their child's class teacher. Individual interviews to discuss your child's academic progress will be conducted on Monday of week 10 this term.

## Skoolbag App

Thirlmere now has our very own app that you can download for free. You will receive notifications of important events and be able to access key information including newsletters. Please contact the school office if you are having trouble accessing this app.

I spoke to the assembly today about leadership and I asked the students being inducted to consider what type of leader they want to be remembered as. Do they want to be remembered for their actions? I hope they think about this as they perform the roles they have been elected into for 2015.

"Leadership is about making others better as a result of your presence and making sure that impact lasts into your absence."

Sheryl Sandberg

Stay safe and enjoy your week.

Selena Gandy

## Principal's Awards

### 2nd February

Ben, Ciara, Jaxon, Bryannon, David, Coen, and Hannah.

### 9<sup>th</sup> February

Elliot

## Rugby League



Welcome to a new school year and a new year of rugby league. This year brings some new faces to Rugby League for Thirlmere P.S.

Mrs Tann and Mr Gardiner will be managing our school's Rugby League commitments for 2015. This year is sure to bring some new and exciting changes.

Upcoming Rugby League events:

- Monday 16th February- NRL Community- Tigers Wellness Assembly (K-6 students involved)
- Thursday 19th February- Rugby League Trials- school teams. Students who are trialling must bring their sports gear to school.

Stay tuned for more details to follow.

Mrs Amanda Tann

# Thirlmere Public School Community Calendar

## Term 1 2015

|   | Monday  | Tuesday                            | Wednesday   | Thursday                               | Friday  |
|---|---|------------------------------------|---|--|---|
| <b>Week 1 (Jan)</b>   | 26<br>Australia Day holiday   | 27<br>School Development Day       | 28<br>Years 1-6 return  | 29<br>Kindergarten first day           | 30<br><br>House Captain elections   |
| <b>Week 2 (Feb)</b>   | 2   | 3<br>Best Start assessment         | 4<br>Student banking starts   | 5                                      | 6<br>→  |
| <b>Week 3 (Feb)</b>   | 9<br>Last day to pay Swim Scheme<br><br>Meet the Teacher            | 10<br>School Photos                | 11<br>Leaders' Induction<br><br>Last day to pay for Swimming Carnival | 12                                     | 13<br><b>Last Day to Pay – Swim Carnival</b><br><br>Zone basketball trials (to be confirmed)  |
| <b>Week 4 (Feb)</b>   | 16<br>1 <sup>st</sup> installment or full payment for Canberra due. | 17<br><br>P&C 6:30                 | 18<br>School Swimming Carnival<br><br>K-1+7yo Water Play Day          | 19                                     | 20<br>Zone boys & girls soccer trials   |
| <b>Week 5 (Feb)</b><br><b>Steam Festival</b><br><b>1<sup>st</sup> Mar</b><br><b>Swim Scheme</b> | 23  | 24                                 | 25<br>Scripture commences   | 26<br>Zone Swimming – Picton           | 27<br>→   |
| <b>Week 6 (Mar)</b><br><b>Swim Scheme (cont)</b>  | 2   | 3                                  | 4<br><br>3-6 assembly 2pm   | 5<br>Last Day to Pay – Canberra        | 6<br>Zone AFL trials<br><br>Final day to pay Canberra and Camden Show<br><br>K-2 assembly 2pm |
| <b>Week 7 (Mar)</b>   | 9   | 10                                 | 11<br>Kindy Bus Safety at School                                      | 12<br>Selective HS test                | 13<br>Zone trials: 11's & open rugby league; girls' touch                                     |
| <b>Week 8 (Mar)</b>   | 16  | 17<br>SSW Swimming<br><br>P&C 6:30 | 18<br><br>3-6 assembly 2pm  | 19<br>School Disco<br><br>K-2 Assembly | 20<br>Zone trials: boys & girls hockey<br>Camden Show<br><br>K-2 assembly 2pm                 |
| <b>Week 9 (Mar)</b>   | 23  | 24<br>Stage 3 to Canberra          | 25<br>→   | 26<br>→                                | 27<br>Zone trials – netball, boys' touch  |
| <b>Week 10 (Apr)</b>  | 30<br><br>Parent-Teacher Interviews                                 | 31                                 | 1<br>Grandfriends Day<br>Easter Parade                                | 2                                      | 3<br>GOOD FRIDAY  |

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## CANTEEN ROSTER TERM 1 2015

FRI 13<sup>TH</sup> FEB MEL RUDDIMAN/FELICITY  
SAARINEN/BELINDA KELLY  
MON 16<sup>TH</sup> FEB NICOLE LEWRY/CHRISTY GREENE  
WED 18<sup>TH</sup> FEB DIANE HUNT/VANESSA ZAHRA  
FRI 20<sup>TH</sup> FEB JOANNA-LEE MAURO/MEL  
MOROZ/CHRISTIE HENRY  
MON 23<sup>RD</sup> FEB AMY WHITE/AMANDA LEE  
WED 25<sup>TH</sup> FEB SHARON BROWNING / MILLIE ACHIS  
FRI 27<sup>TH</sup> FEB CINDY HILE/TANIA WILLET/SIMONE  
HINTON  
MON 2<sup>ND</sup> MAR JOANNA-LEE MAURO/LEA BLATCH  
WED 4<sup>TH</sup> MAR DIANE HUNT/MERYL COOPER  
FRI 6<sup>TH</sup> MAR MONIQUE LIDDLE/JULIE BIRD/TAMMY  
PARKER  
MON 9<sup>TH</sup> MAR MEL RUDDIMAN/SHANNON APPS  
WED 11<sup>TH</sup> MAR DEB COLLINGS/GAIL BURTENSHAW  
FRI 13<sup>TH</sup> MAR SIMONE HINTON/CINDY HILE/NICOLE  
LEWRY  
MON 16<sup>TH</sup> MAR AMY WHITE/AMANDA LEE  
WED 18<sup>TH</sup> MAR DIANE HUNT/VANESSA ZAHRA  
FRI 20<sup>TH</sup> MAR TAMMY PARKER/CHRIS  
AHUMUDA/MONIQUE LIDDLE  
MON 23<sup>RD</sup> MAR ELISHA HAWKINS/SHANNON APPS  
WED 25<sup>TH</sup> MAR LEE-ANNE ARMSTRONG/DEB PARKER  
FRI 27<sup>TH</sup> MAR CINDY HILE/SIMONE HINTON/KERRY  
NEW  
MON 30<sup>TH</sup> MAR KATHRYN DAVIDSON/ LEA BLATCH  
WED 1<sup>ST</sup> APR CANTEEN CLOSED

## Joggers Club

Joggers Club is a fitness activity run for any Thirlmere student wishing to participate from Kindergarten to Year 6. Last year was very successful with a group of very keen K-2 students outdistancing the older students. Students wishing to jog meet on playground C anytime from 8.30 am on the nominated days and run (walk) laps around a set circuit. Each lap is counted and when they achieve a set target (the first is 10km) they receive a Joggers Club certificate. This year I will start the program up in week 4. At the moment it will be definitely running on a Tuesday. I will confirm the second day next week.  
Mrs McLachlan

## K-2 Assemblies

| Term One |   |
|----------|---|
| Week 6   | 2M - Mrs Mac  |
| Week 8   | 2S - Mrs Stewart<br>(Thursday due to Camden Show)                       |
| Week 10  | 1 / 2 P - Mrs Pullbrook /<br>Mrs Barry<br>(Thursday due to Good Friday) |

## Excursions, Notes and Payment Due Dates

### Early Stage 1 (Kindergarten)

#### Notes Home:

*Meet the Teachers  
Kindergarten New Program  
Festival of Steam*

### Stage 1 (Years 1 and 2)

#### Notes Home:

*Meet the Teachers  
Festival of Steam*

### Stage 2 (Years 3 and 4)

#### Notes Home:

*Meet the Teachers  
Festival of Steam*

#### Last Day to Pay:

*Swimming Carnival – Wed 13 Feb*

### Stage 3 (Years 5 and 6)

#### Notes Home:

*Picton High Parent Information Evening Yr7 2016  
Meet the Teachers  
Festival of Steam*

#### Last Day to Pay:

*Canberra Camp -First installment due Mon 16 Feb*

*-Full Payment due Thur 5 Mar*

*Swimming Carnival – Wed 13 Feb*

### Selected Students

#### Notes Home:

*Beginners Band*

#### Last Day to Pay:

*Band Fees – Mon 30 Mar*

**NO PAYMENTS FOR EXCURSIONS WILL BE ACCEPTED  
AFTER “LAST DAY FOR PAYMENT” DATE**

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## Primary Ethics news

Welcome back to the 2015 school year and a special welcome to all the new comers to our school. Primary Ethics classes will commence on the 25th of February for stages 1 and 3. The Primary Ethics curriculum is divided into stages, corresponding with school stages as follows:

Early Stage 1 - Kindergarten

Stage 1 - Years 1 and 2

Stage 2 - Years 3 and 4

Stage 3 - Years 5 and 6

## What is Primary Ethics?

Primary Ethics provides the opportunity for public primary school students who don't attend scripture classes (SRE) to participate in philosophical ethics classes. The classes teach children how to approach ethical issues and develop their capacity for considered moral judgment, which will enable them to respond more thoughtfully to many of the problems and issues they will face in their lives.

Our K-6 curriculum has 78 topics, starting with questions and puzzlement, introducing children to the foundation of ethical thinking. Children in the younger primary years examine issues such as being left out, sharing and bullying, while older children reflect on issues such as homelessness, fairness and teasing to help them consider the feelings and interests of others – one important aspect of moral reasoning. Other aspects include understanding consequences, having empathy and appreciating difference.

We would to offer classes to all the kids that expressed interest in Ethics but we can only do this if we get more teachers! Volunteer Ethics Teachers are trained to deliver our age-appropriate curriculum every week and to use the accompanying learning and teaching materials. I would welcome your enquiry to volunteer and I'm more than happy to answer any questions you might have, so feel free to contact me at

[louisejshanahan@yahoo.com.au](mailto:louisejshanahan@yahoo.com.au).

Louise Shanahan (Ethics Coordinator)

## Uniform News

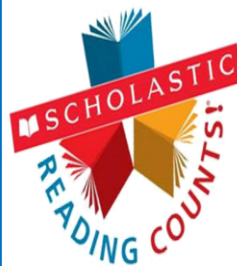
Uniform orders can be left at the school office or placed at the uniform shop. Please provide a contact number on your order form so that I can let you know when your order is ready to collect. **Please remember that all payments must be cash or cheque only.**

The shops usual opening hours are Tuesdays and Thursdays from 8.30am to 9am and 2.30pm to 3pm.

Amanda Lee

## Water Play Day

On Wednesday 18th February Kindergarten, Year 1 and 7 year old students from Year 2 will participate in a fun water play day at school. They will be involved in games and activities with water and be learning about safety around water. Further information will be provided in a separate note to go home next week.



### Our first **Scholastic Book Club**

brochures have arrived for the year and they look a bit different.

Each stage receives their own booklet, with all the brochures included!.

If you would like to receive different brochures these can be picked up from the library or viewed online at [www.scholastic.com.au/schools/bookclub](http://www.scholastic.com.au/schools/bookclub).

By purchasing books through Book Club we are encouraging reading and earning points for Thirlmere Public School - which benefits our library!

*If you are interested in purchasing something from Book Club please return forms and money to the Office by Monday 16 February.*

Please return Book Club orders by  
**Monday 16 February**

## SCHOOL FINANCE & OFFICE NEWS

### Payments and Excursions

All excursions and sporting events have a **last day to pay date**. Parents are asked to have payments to the office before this date, as our system will not allow payments to be processed after the date. This will avoid any disappointment for your child.

#### Swimming Carnival Last day to Pay

Was Wednesday 11<sup>th</sup> February 2015, however we have extended the last day to pay till Friday 13<sup>th</sup> February 2015, as buses need to be finalized.

### Band News

This Term we have an 8 week program. The cost is \$120. Payments can be made weekly or in full, but must be completed before Monday 30th March( Week 10). Invoices will be sent home next week.

### Youth Banking

Thank you to the parents who signed their children up to the CBA Youth Banking Program.

The CBA has advised that the students who signed up last week will have their Bank Deposit Books sent to their home address in time to start banking next week. If you do not receive your Bank Deposit Book by Wednesday next week, please contact the CBA Picton to follow it up.

Students who haven't yet signed up and would like to be involved in the Youth Banking Program can collect a Sign Up Pack from the Office, which can then be dropped off directly to the CBA Picton.

Youth Banking Day is Wednesday, each week and Deposit Books should be placed in the Frog's Mouth on Tuesdays.

Banking Co-ordinators



## **THIRLMERE PUBLIC SCHOOL UNIFORM SHOP** **PRICE LIST/ORDER FORM 2014**

| <b>ITEM</b>                      | <b>SIZES AVAILABLE</b>           | <b>PRICE</b> | <b>QTY</b> | <b>SIZE REQ.</b> |
|----------------------------------|----------------------------------|--------------|------------|------------------|
| Wide brim hat                    | XS/S, S/M, M/L, L/XL             | \$10         |            |                  |
| Girls Summer dress               | 4,6,8,10,12,14                   | \$46         |            |                  |
| Girls Winter tunic               | 4,6,8,10,12,14                   | \$44         |            |                  |
| Polo shirt short sleeve          | 4,6,8,10,12,14,16,18,20,22       | \$16         |            |                  |
| Polo shirt long sleeve           | 4,6,8,10,12,14,16                | \$18         |            |                  |
| Microfibre jacket                | 4,6,8,10,12,14,16                | \$34         |            |                  |
| Zip cardigan                     | 4,6,8,10,12,14,16                | \$22         |            |                  |
| Emblem jumper                    | 4,6,8,10,12,14,16                | \$18         |            |                  |
| Grey cargo shorts                | 4,6,8,10,12,14,16                | \$17         |            |                  |
| Girls skorts                     | 4,6,8,10,12,14,16                | \$20         |            |                  |
| Sport shorts                     | 4,6,8,10,12,14,16                | \$16         |            |                  |
| Sports shirt short sleeve        | 4,6,8,10,12,14,16                | \$20         |            |                  |
| Microfibre track pants           | 4,6,8,10,12,14,16                | \$24         |            |                  |
| Fleecy track pants (with cuff)   | 4,6,8,10,12,14,16                | \$17         |            |                  |
| Fleecy trackpants (straight leg) | 4,6,8,10,12,14,16                | \$17         |            |                  |
| Grey trousers                    | 4,6,8,10,12,14,16                | \$18         |            |                  |
| Girls bootleg pants              | 4,6,8,10,12,14,16                | \$19         |            |                  |
| Girls dress pant                 | 4,6,8,10,12,14,16                | \$22         |            |                  |
| Skivvy                           | 4,6,8,10,12                      | \$10         |            |                  |
| Tights                           | 4-6yrs, 7-10yrs, 11-14yrs        | \$10         |            |                  |
| Polar fleece scarf               | One size                         | \$5          |            |                  |
| Ankle socks (pack 5)             | 9-12, 13-3, 2-8<br>grey or white | \$15         |            |                  |
| Art smock                        | One size                         | \$13         |            |                  |
| Football socks                   | 9-2, 2-7, 7-10                   | \$10         |            |                  |
| School badge                     |                                  | \$10         |            |                  |
| Excursion Bag & Drink Bottle     | Sold as a set ONLY               | \$12         |            |                  |
|                                  |                                  | <b>TOTAL</b> | <b>\$</b>  |                  |

**Childs Name** \_\_\_\_\_ **Year/Class** \_\_\_\_\_

**Contact Name** \_\_\_\_\_ **Contact No:** \_\_\_\_\_

**Please tick option for collection: *Payment options are cash/cheque***

**I will collect from school** ☐

**Please deliver to my child's class** ☐

**I will collect from the uniform shop** ☐



# 125<sup>th</sup> MEMORABILIA ORDER FORM

## LIMITED QUANTITIES

ORDER WILL BE SENT HOME WITH STUDENT WITHIN FEW DAYS

***Student:*** \_\_\_\_\_

***Class:*** \_\_\_\_\_

|   |   |   |
|---|---|---|
|    | Cook Book<br>\$15   | Qty   |
|    | Black Cotton or Calico Bag<br>\$6   | Qty Black – <b>Now In Stock</b><br><br>Qty Calico |
|    | Pen<br>\$2  | Qty   |
|   | Tea Towel<br>\$10   | Qty   |
|   | Waterbottle<br>\$6  | Qty   |
|  | Excursion bag &<br>Waterbottle Set<br>\$12<br>To be purchased through<br>Uniform Shop   | Qty   |
|  | 125 <sup>th</sup> Book<br>Includes pictures of all<br>current students and our<br>schools history – focussing on<br>last 25 years<br>\$20 | Qty   |
|   | Total \$  | Total   |

You can view all above items in the school office.

Payment by cash only until further notice to the school office.



# Thirlmere Public School

## School Newsletter

Thirlmere Public School now deliver our newsletter by Email each week.

In the space provided below, please indicate the email address/es you wish to use to receive the newsletter.

The newsletter is also available to view on our school website:

[www.thirlmere-p.school@det.nsw.edu.au](mailto:www.thirlmere-p.school@det.nsw.edu.au)

Student Name: ..... Class: .....

1st Parent/Guardian Email : .....

2nd Parent/Guardian Email : .....

3rd Parent/Guardian Email : .....

**No paper copies will be issued.**

## Extra School Reports

In some households there is a need for a second report to be sent to another parent not permanently residing with the student.

Reports go home at the end of Semester One and Semester Two.

If you require a second report, please provide us with the following details.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Relationship: \_\_\_\_\_

Email address: \_\_\_\_\_

*If you have any updated Court Orders/AVO's that you have not provided to the school yet, could you please arrange a copy as soon as possible.*

*We also require you to advise the ladies in the office if the structure at home has changed so that we can update our records accordingly.*

# PATRICIA YVONNE ACADEMY OF DANCE, DRAMA & THEATRE ARTS

## THIRLMERE



THIRLMERE PUBLIC SCHOOL HALL  
MONDAY & THURSDAY AFTERNOONS

**BALLET- DRAMA – TAP – JAZZ  
MODERN - LYRICAL  
HIP HOP - MUSICAL THEATRE**

Students trained for E.D.T.A.  
Examinations & Stagecraft  
Beginners from 3yrs to Advanced

### MONDAY AFTERNOONS

3-15pm Novice Dance Class (5yrs & under)  
3-45pm Mini Dance Class for (5 ½, 6 & 7yrs)  
4-15pm Mini Tap (5 ½, 6 & 7yrs)  
4-45pm Grade 3 Tap (Intermediate)  
5-15pm Lyrical Ballet (Intermediate)  
6-00pm Intermediate Speech & Drama.  
6-30pm Senior Classes.

### THURSDAY AFTERNOONS

3-15pm Junior Ballet/Jazz (8-10yrs)  
4-00pm Junior Tap (Juniors)  
4-30pm Hip Hop (Intermediate)  
5-15pm Intermediate Jazz  
5-45pm Grade 4 Ballet (Intermediate)  
6-30pm Senior Classes.

**Beginners from 3 years to Advanced.**

Fully qualified and caring Teacher who believes in correct and careful training.  
EDTA Inc. President/Organiser/Syllabus Creator/Life Member/Examiner.

**ENQUIRIES & REGISTRATION:** contact Miss Patricia  
(02) 4647 7728 or 0418 273115 (Mornings best)  
Email: [pyaddta@bigpond.com](mailto:pyaddta@bigpond.com)

## Collegians Hockey Club

[www.collieshockey.com.au](http://www.collieshockey.com.au)

Registration & Training days for new and existing players:  
Narellan Hockey Fields, Tuesday 24th February 6-8pm  
Narellan Hockey Fields, Tuesday 3rd March 6-8pm

- Junior teams – all ages
- U/7's & U/9's play for free in their first year AND get a free hockey kit!
- Men's and women's teams in various grades.
- Fee discounts available.
- Play all games at Narellan on turf, no travelling to different fields every week!

### Contacts-

Juniors: Samantha Freeman 0416311136 [juniors@collieshockey.com.au](mailto:juniors@collieshockey.com.au)  
Seniors: Lisa Clinch 0414403799 [secretary@collieshockey.com.au](mailto:secretary@collieshockey.com.au)



## WOLLONDILLY Junior Australian Football Club



[www.wollondillyafl.org.au](http://www.wollondillyafl.org.au)



## Wollondilly Redbacks Junior AFL Club – 2015 Player Registrations

We are currently seeking players for the 2015 season to play on Sundays!

Teams will be fielded in the following age groups. Under 9's, 10's, 11's, 12's, 13's and 15's.

We also run an AFL Auskick Clinic for kids aged 4 and up on Sunday Mornings.

Team Training is on Tuesdays from 5:00pm at Bargo Sports Ground.

For additional information please phone David on 0408 492 144 or email [redbacksaf1@gmail.com](mailto:redbacksaf1@gmail.com)



## Community Health Occupational Therapy for Preschool & Primary School Children

Does your child. . . .

- have an awkward pencil grip
- have difficulty with drawing or handwriting
- have problems using scissors
- look clumsy or uncoordinated
- struggle with dressing or using cutlery
- have difficulty organising themselves or their belongings

If yes, your child may benefit from Occupational Therapy.  
Occupational Therapists at your local Community Health Centre can provide, at no cost, appointments to:

- observe your child's skills
- identify areas requiring assistance
- discuss helpful ideas and strategies for home and school
- assist your child to develop their skills

For more information about the service contact your local  
Community Health Centre:

|                                    |           |
|------------------------------------|-----------|
| Ingleburn Community Health Centre  | 8788 4200 |
| Narellan Community Health Centre   | 4640 3533 |
| Rosemeadow Community Health Centre | 4633 4105 |
| Wollondilly Health Centre          | 4683 6000 |

Community Health Occupational Therapy, SSWAHS, June 2009

## Thirlmere Netball Club Registrations

Saturday February 7<sup>th</sup> 10am -12 pm @ Tahmoor  
Netball Courts

Wednesday February 11<sup>th</sup> 3-4pm @ Thirlmere Park

Monday February 16<sup>th</sup> – 3pm – 4pm @ Thirlmere  
Park

**Phone 0425246616 for More Information ☺**

New Registrations welcome please bring a copy of  
your birth certificate

Family Discounts Great Friendly Club

Kids Learn Ball skills, team work and confidence

Season Starts May 2<sup>nd</sup>